

adult day care centers

CONTINUING CARE SERVICES

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ADULT DAY HEALTH CARE CENTERS/COMMUNITY-BASED ADULT SERVICES
Offer nursing and rehabilitation therapies such as physical, occupational, and speech therapies. Participants may be ambulatory, use cane or walker or be wheelchair bound. ADHC may assist with transportation. Medi-Cal is accepted.

SOCIAL DAY CARE CENTERS
Offer programs for socialization. Structured activities are provided for ambulatory senior adults. Transportation is usually not provided. Costs are not covered by insurance, private pay only. Fees on sliding scales or scholarships may be available.

***** Indicates this is a Kaiser Permanente contracted center for Medi-Cal.

CENTRAL & EAST

GLENNER MEMORY CARE CENTERS 619-543-4704
3686 Fourth Avenue, San Diego, CA 92103
www.glenner.org

GOLDEN LIFE ADHC CENTER *.....619-433-3398
7373 University Avenue, La Mesa, CA 91941. *TEMPORARILY CLOSED*

LOVING CARE ADULT DAY HEALTH CENTER * 619-718-9777
Predominantly Russian spoken
2565 Camino Del Rio South, Suite 201, San Diego, CA 92108

MAGNOLIA ADULT DAY HEALTH CARE CENTER*.....619-444-1522
490 N. Magnolia Ave., El Cajon, CA 92020
www.magnoliaadhc.com

NEIGHBORHOOD HOUSE ADULT DAY HEALTHCARE CENTER * 619-233-6691
851 S. 35th Street, San Diego, CA 92113. *TEMPORARILY AM or PM sessions only*
www.neighborhoodhouse.org

http://continuingcare-sandiego.kp.org KAISER PERMANENTE®

CENTRAL & EAST continued

REBECCAS'S RETREAT Senior Day Program …… 619-206-0590
9307 Tropico Drive, La Mesa, CA 91941
www.RebeccasRetreat4Seniors.com

SILVERCREEK HOME CARE FACILITY & ADULT DAY CARE……..619-464-3479
6530 Boon Lake Avenue, San Diego, CA 92119
www.silvercreekhomecare.com

ST. PAUL'S PACE DAY CENTER …… 619-677-3800
111 Elm Street, San Diego, CA 92101
www.stpaulsseniors.org

WESTERN ADULT DAY HEALTHCARE CENTER * …… 619-631-7222
240 South Magnolia Ave., El Cajon, CA 92020.

NORTH

AMERICARE ADULT DAY HEALTHCARE * 760-682-2424
340 Rancheros Drive, Suite 196, San Marcos, CA 92069.
www.americareadhc.com

FOUNDATION FOR SENIOR CARE (The Club) ……760-723-7570
320 West Alvarado, Fallbrook, CA 92028
https://foundationforseniorcare.org

GLENNER MEMORY CARE CENTERS .....…….. 760-635-1895
335 Saxony Road, Encinitas, CA 92024
www.glenner.org

POWAY ADULT DAY HEALTHCARE CENTER …… 858-748-5044
12250 Crosthwaite Circle, Poway, CA 92064
http://powayadhc.org

SILVERADO SENIOR LIVING (Respite services) ……..… 760-737-7900
1500 Borden Road, Escondido, CA 92026
www.silverado.com

SUMMERFIELD OF ENCINITAS …….. 760-479-1818
1350 So. El Camino Real, Encinitas, CA 92024
www.summerfieldencinitasmc.com

SOUTH

CASA PACIFICA ADULT DAY HEALTHCARE CENTER * …… 619-424-8181
1424 30TH Street, Suite C, San Diego, CA 92154. *TEMP: Tele-Health services only*
www.casa-pacifica.com

GLENNER MEMORY CARE CENTERS* ……..619-420-1703
2765 Main St. Suite A, Chula Vista, CA 91911
www.glenner.org

HORIZONS ADULT DAY HEALTH CARE *…… 619-474-1822
1035 S Harbison Ave., National City, CA 91950

OPEN ARMS ADULT DAY HEALTHCARE * …….. 619-420-1404
301 East J. Street, Chula Vista, CA 91910
www.openarmsadhc.com

REBECCAS'S RETREAT Senior Day Program …… 619-206-0590
3799 Vista Pointe, Bonita, CA 91902 Added 2/28/25 per Heather
www.RebeccasRetreat4Seniors.com

SAN YSIDRO SENIOR HEALTH CENTER (PACE) ……..... 619-205-4585
880 3rd Avenue, Suite A, Chula Vista, CA 91911